

Frandale Turkey Croissant

Nutrition Facts		* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		
Serving Size 1 croissant (142g)		Calories	2,000	2,500
Servings per Container 1				
Amount per Serving				
Calories 380	Calories from Fat 180			
% Daily Value*				
Total Fat 20g				
	31 %			
Saturated Fat 9g				
	43 %			
<i>Trans Fat</i> 2.5g				
Cholesterol 55mg				
	19 %			
Sodium 1180mg				
	49 %			
Total Carbohydrate 32g				
	11 %			
Dietary Fiber 1g				
	4 %			
Sugars 0g				
Protein 17g				
Vitamin A 0%	Vitamin C 0%			
Calcium 0%	Iron 0%			

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	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrates 4 • Protein 4

INGREDIENTS: Croissant Dawn Medium 2.5 Oz(Enriched wheat flour bleached(four,niacin, reduced iron,thiamine mononitrate,riboflavin,folic acid),partially hydrogenated vegetable shortening(soybean and/or cottonseed),butter(pasteurized cream,salt),yeast,sugar,egg whites, high fructose corn syrup, salt,mono & diglycerides,food starch-modified,soy lecithin,datem,ascorbic acid(dough conditioner), enzymes,artificial flavor,annatto as color,citric acid), Frandales Golden Legacy Turkey (Turkey Breast,white turkey,water,modified food starch and 2% or less of salt,dextrose,sodium citrate,sodium phosphophate,sugar,carrageenan,natural flavoring,sodium diacetate., Frandales American Cheese(American Cheese(milk,cheese cultures,salt,enzymes,annatto,vegetable color)water,cream,sodium citate,color added,salt sorbic acid added as a preservative,and soy lecithin(non sticking agent), Frandale Swiss Cheese (Swiss Cheese(milk,cheese cultures,salt,calcium chloride,enzymes),water,cream,sodium citrate,color added,enzyme modified cheese,salt,sorbic acid added as a preservative, and soy lecithin(non sticking agent)